

Skuleskogen National Park



Key	
	Bog
	Shingle field
	Detailed information about the National Park
	Viewpoint
	Shelter
	Rest cabin for visitors
	Overnight cabin for visitors
	Designated campfire area 1/5 - 30/9
	Outhouse
	The area is accessible for people with functional limitations
	Designated camping area 1/5 - 30/9
	Historic or prehistoric remains
	Site of geological interest
	Parking
	Altitude line, contour 5 m
	High Coast trail
	Marked trail
	Unmarked path
	Western entrance
	Northern entrance
	Southern entrance

Recommended excursions:

Slåttdalskrevan

The main attraction of Skuleskogen is Slåttdalskrevan, a deep gorge through the mountain. It is located in the middle of the park and can be reached from all three entrances. The nicest hike is from the West entrance. You start at high altitude and hike through old forests and over bare cliffs with amazing views. This trail is 6 km one way. A shorter alternative but with more uphill is to hike from the North or South entrance. That is about 4 km one way. Keep in mind that the terrain in Skuleskogen is very strenuous and hiking here might take longer time than you think. Pack water and some snacks and take your time. On both sides of Slåttdalskrevan you find cliffs with magnificent views, perfect for a break!

High Coast Trail

The High Coast Trail is a hiking trail between Hornöberget at the High Coast Bridge and Varsberget in Örnsköldsvik. The trail passes right through the national park between the South and North entrance. The walk is rather demanding, with large differences in altitude. One of the main sights of the national park is the ravine at Slåttdalskrevan, which you will experience midway along the trail. There is a cabin at Tärnätvattnen where you can stay overnight.

Tärnättholmarna

Tärnättholmarna is an alternative for those who do not like uphill slopes. Here you find nice sandy beaches and some cabins for resting or staying overnight. It is most easily reached from the North entrance. Make a detour to the beard lichens (signposted from the path), and take a break at the beach in Salsviken. Tärnättholmarna can also be reached by boat or kayak.

Skrattabbortjärnen

This small lake is at the centre of the national park. A small stand of Hardfern grows beside the path between Skrattabbortjärn and Fjällävdalsmyran. Norrsvedjedodarna at Skrattabbortjärn once had about ten summer farm buildings. Today, there is a cabin where you can spend the night. This lake can be reached from the West entrance or through Ävdalen from the South entrance.

Nylandsruten and Långtjärnhällorna

At the national park's West entrance you find a wheelchair-accessible path to a deck with magnificent view over the park. There is also a trail leading to the next mountain, Långtjärnhällorna. From these flat rocks, you will overlook the main part of the park, and the beautiful valley between Mossaberget and Stampberget. Keep in mind that the snow season is long on high altitudes around the west entrance.

Winter

Cross-country skiing through the sparse pine forest in the central part of the park is a wonderful experience. The excursion begins at West entrance (290 m.a.s.l.), and is best on hard snow in March - April. You can spend the night in the cabin at Skrattabbortjärn. In some steeper parts of the park snowshoes are recommended, e.g. through Slåttdalskrevan.

