The Right of Public Access and common sense

The main rules are not to disturb and not to destroy!

• You are most welcome to roam freely and enjoy the beautiful mountain scenery.
• Remember to always show care towards wildlife and the countryside.
• Make sure that you do not damage crops, forestry plantations or other sensitive ground.
• Do not feed the wildlife. Animals are unable to cope with human food.
• Mopeds, motorcycles and cars are forbidden off-road.
• Do not cause unnecessary damage to the environment.

If you see a reindeer herd – sit down quietly. Don’t follow the herd, and leave the animals alone.

Designated sites. There are local variations. Detailed regulations can be found on the County Administrative Board’s homepage (see below) and on sign at the nature reserve boundaries.

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Southern Kungsleden Trail

The trail starts at the Högfjällshotel in Sälen and heads north over the Sälen mountains. It then continues and passes through Skarsjöfjället and eventually reaches Gudja. It then takes you down to Grövelsjön, up over Dreven and arrives at Ulvshägen.

There are a choice of two trails. There is an alpine summer trail via Roskåsen to Flötningen, and also a more westerly trail via Lakliden to Dreven then on to Flötningen. Drevenagen can also be reached by car. There are designated snowmobile trails between Idre and Grövelsjön.

The Southern Kungsleden Trail leads from Grövelsjön, over Longfjäll to Hävlingen, and then touches Forsättingen National Park. Before finally passing the county boundary just west of Slagviiplett.

Note: This map should be used for orientation! Complement it with a mountain map that covers the area where you plan to hike.

Description of overnight cabins/wind shelters. Distances between these are provided.

1. Sälen Högfjällshotel. Road, car park, shops. For the disabled there is a marked road 2.5 km northwards up to the alpine plateau. To Köarskärsfjället 1.5 km.

2. Köarskärsfjället. Wind shelter, dry toilet. To Sälen Högfjällshotel 1.5 km.


5. Kläppenskii. Wind shelter. To Id-Persstöggen 2 km.

6. Id-Persstöggen. Cabin, emergency telephone. To Grövelsjön 5 km.


9. Skarsjöhöff. Wind shelter, dry toilet. To Sälenringen 5.5 km.


11. Storbron. Road. To Björkmansstugan 3 km.


22. Älgskogen. Road, car park, dry toilet. To Stora Öklän 4 km.

23. Stora Öklän. Road, wind shelter, dry toilet. To Grövelsjön 2.5 km.

24. Grövelsjön. Road, car park, dry toilet. To Sällsköden 5 km.

25. Sällsköden. Cabin, dry toilet. To Tangstugan 1.5 km.


27. Sällsköden. Cabin. To Älgskogen 2 km.


30. Sällsköden. Cabin. To Älgskogen 2 km.

31. Älgskogen. Cabin, dry toilet. To Röskåsen 3 km.

32. Röskåsen. Cabin. To Röskåsen 3 km.

33. Särnmanstugan. Cabin. To Harrsjöstugan 5 km.

34. Harrsjöstugan. Cabin, dry toilet. To Harrsjöstugan 5 km.

35. Rekarsskii. Wind shelter. To Harrsjöstugan 5 km.


37. Harrsjöstugan. Cabin. To Harrsjöstugan 5 km.

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